NORTHEAST DELTA HUMAN SERVICES AUTHORITY (NEDHSA)

Board Meeting MINUTES September 13, 2022

Ouachita Parish Health Unit, Community Room, 1650 DeSiard Street, Monroe, LA. 71201

5:30PM

Call to Order Meeting called to order by Mike Shipp and prayer was led by Rev Shawn Hornsby and a quorum was met.

Adopt Agenda: A Motion was made by Latanya Whiteside and seconded by Thelma Merrells to approve /accept the Agenda. Motion passed unanimously.

Adopt Minutes of August 9: A Motion was made by Latanya Whiteside and seconded by Cynthia Mathis to approve / accept the Minutes. Motion passed unanimously.

Board Members Present:

Mike Shipp, Tasha Washington, Andy Bryan, Cynthia Mathes, Thelma Merrells, Rev. Shawn Hornsby and Latanya Whiteside,

Board Absent: Yvonne Lewis

Northeast Delta HSA staff present: Dr. Monteic Sizer, Janice Rogers and Delores

Harris

Ownership Linkage-Recognition of Guests: NONE

PUBLIC COMMENT PERIOD – No requests for comment.

QUARTERLY BOARD TRAINING

- Presentation on Addictive Disorders by a NEDHSA staff member -
- Janice Rogers did the presentation on Addictive Disorders. A typed summary
 of her presentation was presented to each board member along with
 brochures about NEDHSA Integrated Behavioral Health model, Children &
 Family Clinic, Opioid Misuse & Abuse Prevention Program & FAQ Frequently Asked Questions and Prevention and Wellness.

BOARD EDUCATION/ ENDS Items for DISCUSSION

Upcoming Events/Community Action

September is known as Recovery Month. NEDHSA is involved in many regional activities. All can be seen on NEDHSA's various social media platforms.

NEDHSA has produced several videos that describe its various program areas. These videos are designed to further diminish health related stigma and to encourage more proactive health seeking behaviors.

There will be a Take Back Box placement at the Monroe Behavioral Health Center on September 13, 2022. The Box will be available for staff, patients, and members of the community to discard all used and unwanted medications.

NEDHSA's Prevention and Wellness team, along with law enforcement officials, recovered and destroyed 25 pounds of drugs from Tensas Parish and 100 pounds from East Carroll Parish.

NEDHSA is co-hosting a Run for Recovery with the Harbor House located in Calhoun, Louisiana. The date of the event is September 24, 2022. It will begin at 8 am. The address is 113 Slocum Road, Calhoun, Louisiana.

NEDHSA will host a Recovery livestream event September 16, 2022 beginning at 1:30 pm. The event is entitled Recovery is Mine. It will feature recovery experts and some with lived addiction experience.

NEDHSA and Mary Byrd Perkins Cancer Center signed a formal MOU and are hosting a range of cancer related screenings regionally. On Monday, July 11, 2022, NEDHSA and Mary Byrd Perkins Cancer Center hosted colorectal cancer screening at NEDHSA's Bastrop Behavioral Health Clinic. On Wednesday, August 10, 2022 NEDHSA hosted another screening at its Monroe Behavioral Health Clinic. It was highly successful. And in the coming weeks, NEDHSA and Mary Byrd Perkins will be hosting screenings at NEDHSA's peer centers and inpatient supported facilities. All NEDHSA's developmental disability clients and their caregivers will be encouraged to participate as well.

NEDHSA released its FY22 Annual Report on August 23, 2022. The report contains analytics across all NEDHSA departments and has information about significant FY22 initiatives. A copy of the report will be made available to each Board member.

NEDHSA and the Black Creatives Circle of Northeast Louisiana have hosted a mural reveal in downtown Monroe. NEDHSA is now planning a reveal in downtown Lake Providence with parish leaders. NEDHSA had a great turnout for its September 1, 2022 reveal on the campus of Grambling State University. It was carried by local media and lots of pictures and video can be found on NEDHSA's various social media platforms. NEDHSA is also currently completing a mural in Union Parish. It is important to remember that the University of Louisiana at Monroe designed NEDHSA's first traveling mural. NEDHSA's traveling mural has been housed and showcased at several regional museums.

NEDHSA already made public its first independently evaluated six-month Rise Above Stigma results. NEDHSA recently concluded the final six-months of the report and made the entire report public. This work is unprecedented in our region and the state. A copy of the

report will be made available to each Board member.

GOVERNANCE PROCESS/EXECUTIVE LIMITATIONS for DECISIONS

Executive Director – Monthly Executive Director Report, Fiscal Report and Treatment of Consumers – There was no complaints.

After the ED's Report and monthly Fiscal Report was presented a Motion made by Thelma Merrells and seconded by Andy Bryan to approve / accept the reports as submitted. Motion passed unanimously.

Financial Planning & Budgeting/Financial Condition and Activities – With respect to the actual, ongoing financial condition and activities, the ED shall not cause or allow the development of fiscal jeopardy or a material deviation of actual expenditures from board priorities established in Ends policies.

NEDHSA's FY23 appropriated budget is \$16, 404,881. Total excluding SGR= \$15,631,037. Our IAT = \$4,483,420. Self-generated = \$773,844.

Board -

- Upcoming Events/Community Activities
- Board Policy Manual Reviews
 - . Global Governance Commitment (page 3)
 - . Governance Style (page 3-4)
 - . Board Job Description (Page 4)

Board members was asked to read over the above polices and let Mr. Shipp know if any of them needed to be changed.

BOARD MANAGEMENT – Ongoing

- Parish Outreach
- Travel Forms

ADJOURN

Next Meeting – October 11, 2022 - 5:30 pm

Northeast Delta Human Services, Conference Room, 2513 Ferrand Street,

Monroe, LA 71201